Field Day is a wonderful opportunity for the school community to gather together, enjoy the beautiful weather, bring a picnic lunch, and have some fun! This year’s Field Day will have many of the fun activities from previous years along with some new features, including a traveling exhibit from the Cockrell Butterfly Center, a docent from the Texas Wildlife Rehabilitation Center with wild native animals, and a six-foot tall Earthball for group games. We have been working hard to bring everything together for this year’s Field Day, and we’ve had some awesome help from many volunteers. Thank you to everyone who has been involved, and to everyone who has signed up to volunteer at the event. Please join us for this Post Oak family-fun community event, and remember to purchase your raffle tickets for some great prizes in the Mystery Boxes. This is a free event and the sale of raffle tickets covers the cost of Field Day. See you Saturday!
SCENES from The Post Oak School

1. Waiting quietly for individual pictures.
2. Helping a friend with handwriting.
3. Look! There’s another one inside!
4. Learning about trees in Elementary.
5. Reading together.
6. Telling a happy story during recess.
7. Lots of hoops to jump through in Primary!
8. Researching Juan Ponce de León.
9. Preparing tostadas for a class luncheon.
The Post Oak Fund is in high gear! We have raised more than half of our $250,000 goal, and we will need everyone’s support to successfully complete the campaign by October 31. Please take a moment to help Post Oak be the best it can be.

To participate:
1. Turn in a response card to the front office with your gift.
2. Use the online form (www.postoakschool.org) to contribute with a credit card.
3. Pledge with the response card, or send an email to christinacantu@postoakschool.org. Pledges are due at the end of the school year.

Christina Kopanidis-Cantu
Development Director
Direct: 281-822-8024

2011 Post Oak Fund Class Captains
Fund Drive Chairs: Amy & Lloyd Kirchner
Basham | Alicia Kowalchuk & Benjamin Saldaña
Hacker | Ann Lee
Hansen | Tanya Gee
Kluk | Stephan Kinsella
Lodrig | Rochelle Tafolla
Long | Dinh Lam
Middle School | Bev Bontrager
Moudry | Shonali Agrawal
Nickerson | Anne Singleton
Parraguirre | Daniela Sanchez
Pinto, E. | Sherry & Lewis Chandler
Pinto, M. | Liz Pulaski
Full-Day Infant Community | Aimee Taylor
Roark | Beth Apollo
Smith, E. | Gina Luna
Sobhani | Shonali Agrawal
Winton | Mary Stephens
Board of Trustees | John Long
Faculty/Staff | Shekkola Gray

One Community Supporting Each Child

Participation as of 10/13/2010

<table>
<thead>
<tr>
<th>Class</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basham</td>
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<tr>
<td>Full-Day Infant</td>
<td>50%</td>
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<tr>
<td>Hacker</td>
<td>21%</td>
</tr>
<tr>
<td>Hansen</td>
<td>43%</td>
</tr>
<tr>
<td>Kluk</td>
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</tr>
<tr>
<td>Lodrig</td>
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</tr>
<tr>
<td>Long</td>
<td>18%</td>
</tr>
<tr>
<td>Maudry</td>
<td>18%</td>
</tr>
<tr>
<td>Moudry</td>
<td>88%</td>
</tr>
<tr>
<td>Nickerson</td>
<td>14%</td>
</tr>
<tr>
<td>Parraguirre</td>
<td>14%</td>
</tr>
<tr>
<td>E. Pinto</td>
<td>36%</td>
</tr>
<tr>
<td>M. Pinto</td>
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<tr>
<td>Winton</td>
<td>15%</td>
</tr>
<tr>
<td>Board of Trustees</td>
<td>100%</td>
</tr>
<tr>
<td>Faculty &amp; Staff</td>
<td>100%</td>
</tr>
</tbody>
</table>

Total parent participation: 42%

Post Oak Dad’s Club kick-off!

October 21 at 7:00 pm
4503 Pine St., Bellaire

Football & refreshments.
All Post Oak dads are welcome.

RSVP to Travis Crabtree —
Grandparents’ Days

invitation mailing

Grandparents’ Days will soon be here! If you would like your child’s grandparents or other relatives/friends to be invited to this year’s Grandparents’ Days (November 22 & 23), please go to www.postoakschool.org and submit mailing information. Please feel free to include anyone who you feel would like to observe and/or interact with your children in their Montessori environment. Invitations to Grandparents Days will be mailed directly to those individuals in early November.

Elementary arrivals

Here are a few tips to follow:

- Get to school earlier (closer to 8:15 am) rather than later (closer to 8:30 am).
- The closer to 8:30 am that you arrive, the more likely you are to be tangled up with Infant Community cars.
- If you come after 8:30 am, the Elementary doors on the Avenue B side will be closed; please proceed to the Peace Circle (the Peace Circle is open until 8:40 am).
- When dropping off in the Peace Circle, please use the rules for Primary: wait for an attendant to open your car door and let your children out.
- Do not drop your child off on his/her own anywhere between the Avenue B side and the Peace Circle.

Lost & Found box
to be emptied
at the end of October

Parents: please come and have a look for your children’s things in our Lost & Found box in the front lobby. The box will be emptied at the end of the month and its contents will be donated to charity.

Kroger Neighbor-to-Neighbor program

directs a percentage of your purchase to Post Oak

Parents: in order to participate in the Kroger Neighbor-to-Neighbor donation program, please print the letter from the forms page on our website (under For Parents —> Information Center —> Forms and Publications). Take the form to a Kroger grocery store to connect your customer card to Post Oak. That way, Post Oak can receive funds from Kroger. Thanks!

Randalls Good Neighbor program

directs a percentage of your purchase to Post Oak

Fill out the form for Randalls on the Grocery Store Rebate form on our website to donate a percentage of your purchase to Post Oak. The Post Oak School number is 2531. You can find the form online under For Parents —> Information Center —> Forms and Publications.
**Dancing Across Cultures**

The 2011 Biennial Gala of The Post Oak School | Feb. 4, 2011

**Calling all Hosts**

Are you creative? Do you like to entertain?

This year’s gala is looking for you! We need hosts, cooks, wine connoisseurs, or entertainers. Be creative and organize your own theme and event. Your donation will need to include the location (typically your home but we’re open to all ideas), food and/or beverage. Entertainment is optional. The event can be for adults, children, or family, and will be sold on a per-plate or per-seat basis with all proceeds going to the gala. You tell us how many people to invite.

These events have proven a HUGE success in the past as home parties. Partner with another family, a Post Oak staff member, or a friend. Make your planning as fun as the event and raise big $$$ for the gala!

For adult events, contact: Amy Lee
For family/children’s events, contact: Paula Mey

**Support the Gala**

There are many ways to support the Gala.

If you would like to buy an ad for the gala program, there is a wide range of price options available. Contact parent Renée Locklar or drop by the development office to pick up an advertising form. Individual family ads are welcome!

Support the gala through program advertising with:
- family ads
- business ads
- commercial ads

Your ad will be seen by 500 families and friends of Post Oak in the program and online on the gala page.

**Reserve a Hotel Room**

Reserve your room early for $169 at the Houstonian Hotel now. Call 800-231-2759.

**Save the Date**

Wed., November 10, 2010
6:00–9:00 pm
The Tasting Room (@) Uptown Park

Tickets now available online at www.postoakschool.org

**Wanted: Dragon Dancers**

If you have any information about a dragon dancing troupe, please contact Annette Gregory at

Below: Infant Community children work on their Gala art project.
Field Day is this Saturday!
October 16
10:00 am–1:00 pm

a fun family picnic day! (b.y.o.)
cupcake walk
mystery boxes
titanic inflatables!
face painting

P a G E 6
O C T O B E R 15, 2010
Field Day 2010
Saturday, October 16 from 10:00 am to 1:00 pm

LOGISTICS!
• Where: Post Oak gym, field, and playground. Enter through the Post Oak field entrance off of the Episcopal High School driveway (indicated on map)
• Who: All Post Oak families (relatives and friends are welcome to attend, too!)
• What: There will be activities for children from Infant Community through Middle School...and parents have fun, too.

MORE DETAILS:
• Parking is available on the Post Oak lot, at Episcopal High School (see map on next pg.), along Avenue B, and across Bissonnet at the park behind Gordon Elementary.
• Please note: parents must supervise their children on the playground. To help ensure your child’s safety, signs will be posted to identify the age levels for the different sections of the playground. Please pay attention to the signs as they reflect ASTM playground safety standards for the different equipment. There are different areas for Infant Community, Primary, and the older children (Elementary and Middle School).
• All costs for Field Day are defrayed by the raffle of class Mystery Boxes. Room parents (and other coordinators) have created an enticing array of more than 45 different boxes to be raffled off. There will be drawings at three different times: 11 am, noon, and 12:45 pm. Remember, this event is strictly a fundraiser and not a fundraiser. However, we do want to cover the costs for the event, so do your part and buy a raffle ticket or two.
• There will not be food for sale, so bring a picnic lunch and a blanket to spread out on the playing field.

ACTIVITIES:
• four fabulous inflatables
• butterfly exhibit by HMNS
• wildlife area by Texas Wildlife Rehabilitation Center
• The Incredible Gigantic Earthball – with group activities
• face painting
• cake walk
• two balloon artists
• infant play area
• steel drum band
• Mystery Box raffle
  (at 11, Noon, and 12:45)
• Splash ‘Em water dunk area
• Book Fair table
• Green Team Table
• and the playground!

EARTHBALL GAMES!
10:15-10:45 am: Circle Time Trial Challenge
All players lay on the ground in a circle with heads toward the center and feet out. Pass the ball over the players’ middle sections (stomachs)

11:15-11:45 am: Keep It Up Challenge
Two teams form with roughly similar numbers. One team tries to keep the ball in the air by passing to each other, the other team tries to push the ball down to the ground. Play in 10 minute increments, then switch sides. Points awarded for the longest time the ball is kept in the air. Ages: 6 years and up.

12:15-12:45pm: Hand Soccer
Two teams form with roughly similar numbers. Each team tries to drive the ball to the opposite goal using hands only (no feet). Points awarded by getting the ball in the opposing team’s goal area. Ages: 6 years and up

SPLASH ‘EM SCHEDULE
Time Slot         Splashee
10–10:30 am      John Long
10:30–11 am      James Moudry
11-11:30 am      Jeff Schneider
11:30 am–12:30 pm Shekkola Gray
12:30–1 pm       Kelly McNamara

The Weekly POST

Field Day continued on page 8
Field Day 2010 activity map

Mystery box raffle tickets on sale at Field Day.

This event is paid for by ticket sales for the Mystery Box raffle. Thanks to all families who have contributed to the box contents!

See pg. 7 for a list of activities
Dear Friends of the Library,

There are only three weeks left until the World’s Fair—Book Fair 2010 at Barnes & Noble. It is a perfect opportunity for gift shopping for holidays, birthdays, etc., so gather your lists and join this Post Oak community event. There is something for everyone with a parent venue in the morning, and parent and children events in the evening. Enjoy listening to our speaker Jackie Dryden, former Post Oak parent and author of Just Me (a parenting book written from the child’s perspective). At the fair there will be crafts, readings by teachers, building with legos, a magician and more! You won’t want to miss it!

Volunteers needed: sign-up at the Front Desk and in the Library to volunteer the day of Book Fair.

We hope to see you there—come join the fun!

—Jennifer Chavis, Jessica Gregg and B.R. Simon

The Book Fair serves as a fundraiser designed to specifically support and enhance our school library. In addition to the books we purchase for our teachers and library, a percentage of all purchases made that day will come directly back to our school.

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**Post Oak School Book Fair**

*save the date*

Thursday, November 4 • 9:00 am–9:00 pm

Barnes & Noble, 3003 W. Holcombe Blvd.

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Please turn in this form, or donate online by clicking on the Book Fair link on the left side of the website homepage.

---

**Friends of the Library**

*these funds directly support the Post Oak library*

Please make checks payable to “The Post Oak School” and write “Friend of the Library” in the memo line.

---

“Friend of the Library” Name(s) ____________________________________________________________

Address: ____________________________________________________________________________

City/Zip ___________________________ Phone ___________________________

Donation Amount: $ ___________________________ Date: ___________________________

Please make checks payable to “The Post Oak School” and write “Friend of the Library” in the memo line.

---

For Credit Card Payments:

Circle: Visa Mastercard AMEX Discover

Card #: ___________________________ Expiration Date ___________________________

Name (as it appears on card): ____________________________________________________________

Signature: _________________________________________________________________________

CSV # (typically the last 3 digits on the back of your card) ________________________________

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The Toddler Dining Experience

Enjoy a social hour filled with encouragement and tips from our faculty.

October 28, 2010, 7:00–8:30 pm

Hor d’oeuvres and beverages provided

RSVP to Mirani Smith (miranismith@postoakschool.org)

Race to Nowhere

Screening in the Post Oak gym on Friday, November 12 at 6:30 pm

Make your plans to attend this eye-opening film.

Post Oak School will host a screening of this critically acclaimed film about the pressures faced by American schoolchildren and their teachers in a system and culture obsessed with the illusion of achievement. The film will be followed by a panel discussion. Every parent should have an interest in seeing this film and being a part of the conversation.

For more information about the film and to see the trailer, go to

www.racetonowhere.com/about-film

Childcare available for Primary and Elementary students. (Call the front office to reserve space - $5 per child.)
Parent/Employee Basketball

every Wednesday
8:00–10:00 pm
in the Post Oak gym

Contact Travis Crabtree

Becoming a Love and Logic Parent®

Post Oak Counselor Phylis Tomlinson presents "Becoming a Love and Logic Parent®" curriculum for Elementary age and beyond. The class will be given Thursdays from 9:00–10:30 am in the Post Oak multipurpose room (formerly called the reading room) on the following dates:

- continuing Oct. 21, 28, Nov. 4 & 11

Topics include:
- The Two Rules of Love and Logic®
- Delayed or "Anticipatory" Consequences
- Using Empathy and Love and Logic One-Liners to Neutralize Arguing
- How to get more information about Love and Logic

This parenting program is designed to give you practical skills that can be used immediately.

These classes require pre-registration by calling Phylis at 713-661-6688 ext. 176.

Only costs: $10.

Embark on a Montessori Journey

online signup
limited space available

Montessori Journey dates:

- November 5, 2010, 6:00–9:00 pm
- November 6, 2010, 8:00 am–2:00 pm

Each year the faculty of Post Oak invite prospective and current parents to participate in Montessori Journey.

During this (adults only) two-day workshop, you will experience the five different classroom environments from Infant Community through Middle School, first as an observer and then as an active participant receiving lessons and working with classroom materials.

This workshop is a hands-on approach to understanding how and what your child is learning. Enrollment is limited to 40 people and the charge is $30 per person to cover the cost of food. Please complete the registration online through the link on the left side of our website.
**CALENDAR**

For more, visit www.postoakschool.org

### ANNUAL FUND MONTH!

**OCTOBER 16–23**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
</table>
| **Sat 10/16** | **Field Day**  
Family Event  
10:00 am–1:00 pm |
| **Wed 10/20** | **Parent/Employee**  
Basketball in the gym  
8:00–10:00 pm |
| **Thu 10/21** | **Reception honoring**  
Susan Tracy  
4:00–5:00 pm  
**Dad’s Club kick-off @**  
Travis Crabtree’s home  
(see pg. 3)  
7:00 pm |
| **Fri 10/22** | **Conference Day**  
Classes not in session  
No childcare except for students with expanded-year contracts |

### OCTOBER 24–30

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
</table>
| **Thu 10/28** | **Middle School**  
Conference Day |
| **Wed 10/27** | **Parent/Employee**  
Basketball in the gym  
8:00–10:00 pm |
| **Fri 10/22** | **Conference Day**  
Classes not in session  
No childcare except for students with expanded-year contracts |

**NOTICE BOARD**

**Reception to honor former Half-Day Infant Community Teacher Susan Tracy**

**Thursday October 21**

4:00–5:00 pm  
Drop by the school to visit with Susan and wish her well.

**Barbara Hacker’s green tip of the week**

As of July, new laws limited the amount of phosphorus in dishwasher soaps. All makers reformulated their products. Consumer Reports tells about the new formulas and why avoiding phosphates is important.

http://tinyurl.com/detergentphosphates

**PAPERWORK DROP-OFF BASKET DURING ALL ARRIVALS**

If you have paperwork to drop off, you can hand it to one of the people assisting with arrivals and they will put it in a basket that gets taken to the front office every morning. No need to park! There are now drop-off baskets in both the Primary and Elementary arrivals lines.

**ABOUT THE WEEKLY POST**

The Weekly Post appears on most Fridays of the regular school year. You can receive a printed copy from your oldest child, or a PDF version online.

Submit letters, articles, or photos in electronic form by 5:00 pm on the Tuesday before publication to Communication Coordinator Shannon Neufeld (shannonneufeld@postoakschool.org). If publication is on a Thursday due to school closure on Friday, then the deadline is 5:00 pm on the preceding Monday.

All photos in The Weekly Post are by Shannon Neufeld unless otherwise noted.

The Post Oak School was founded in 1963 and accredited by both the Association Montessori Internationale (AMI) and the Independent Schools Association of the Southwest (ISAS)

4600 Bissonnet, Bellaire, Texas 77401 • Telephone: 713-661-6688 • Fax: 713-661-4959 • www.postoakschool.org