When my graduate students and I observed suburban elementary classrooms in 2006, looking for signs of curiosity, we found a surprising absence of it. To gauge curiosity, we looked for

- The number and types of questions students asked (anything from ‘Where is Sudan?’ to ‘When is recess?’)
- Stretches of time that students spent gazing at something (for instance, standing in front of an aquarium observing fish.)
- Times when a student physically investigated something (such as opening the back of a cassette machine.)

“For the most part, kindergartners asked very few questions and spent little time investigating the environment…. When our transcripts noted questions, they were most often asked by the teacher: ‘What do you think this is?’ or ‘What makes bears different from birds?’ In some cases, when a student piped up with a question that might lead the discussion in another direction, the teacher kindly but firmly put that question aside to get back to the lesson’s focus.
Where Have All the Questions Gone?

continued from page 1

“In fifth grade classrooms, the situation was even more striking. A typical two-hour stretch of time often didn’t yield even one student question. That means 11-year-olds often go for hours at a time in school without indicating anything they want to know about.

“The irony is that children are born with an overpowering need to know…. But somehow the incessant curiosity that leads to so much knowledge during the first five years of life dwindles as children go to school.” (Susan Engle, “The Case for Curiosity”)

This made me curious.

So I asked parent volunteers and teachers and students at Post Oak to help me out. I asked two Primary teachers and two parent volunteers to listen for questions and to jot them down. I spoke to Upper Elementary students, described Susan Engle’s field work, and asked them if they’d be willing to help me: “If you have a question today, write it down on this slip of paper.” (She did.)

I was encouraged by their level of curiosity about my project. I could see it in their eyes, and I could hear it in their comments.

Here are questions from Upper Elementary students:

- Will these questions be answered?
- What’s the meaning of time?
- What will happen to my brain once I am completely dead?
- How come time feels ahead of itself?
- Do the brain cells change (go faster, or slower) when one’s emotions change?
- How does the theory of relativity work?
- Why is the earth named earth?
- Why can’t there be world peace everywhere?
- Why is there so much drama?
- Why were guns made?
- Why are there bullies?
- Is there a gene that causes curiosity, goofiness, etc?
- Do you think I have the characteristics of a Virgo?
- What is beyond the universe since a wall or end must have something beyond it, but nothing can go on forever?
- There was a test to show that friendliness is a gene in animals no matter who raises them, and how. Explain.
- How much does the earth weigh?
- How old does the average person live in France?
- Why are dogs so fluffy?
- Can we ask more than one question?
- Why can’t students write the newspaper, the yearbook, and other things?
- Should we put our names on these? (She did.)
- I wonder why some planets don’t have life on them and why it will not happen and why it will happen.
- How do you do the area of a trapezoid?
- Why hasn’t NASA sent someone to Venus?
- Why do people hate pit bulls?
- How do people become famous?
- Why during the cattle kingdom of the 1870s did they use Texas longhorns when other breeds like the Hereford and the Angus had much more meat and their steaks tasted better?
- If matter and energy are interchangeable, what is the maximum matter that can be turned into energy in one day? In Hiroshima one gram of matter was turned into energy, and it was equivalent to 15,000 tons of TNT. So how much destructive power is one atom?
- Why is the decimal checkerboard square?
- What are magnetic fields?
- Is it possible to put the human mind to 100% use?
- Why do cats stretch themselves against the wall and scratching posts?
- I am curious about how to write a computer program.
- I wonder what the most poisonous animal in the world is.
- When did mimes originate and why?
- Is it possible to reform cell structure?
- Can people find out the future of something just by looking at the stars or space?
- How does the Galileo thermometer work?
- How do you read it?
- Is there anything outside the universe? Does the universe end?
- Could you make it rain in a jar?
- What is anti-matter?
- Will it be possible to teleport in the future?
- Who figured out how to clone?
- Will we ever clone a human?
- How is candy made?
- How did people invent languages?
- I am curious about how viruses affect cells.
- How do you decide what days are spring break, winter break, and the days we start and end summer in the school calendar?
- How did matter first come into being and what is it made of?
- Do we actually think, or are we just artificial intelligences with many statistical possibilities?
- How many different types of bats are in the world and how many in each type?
- Why is there a universe instead of no universe?
- If you put the uterus back into a cat but you switched it for a human’s, what would happen?
- How does a computer work?
- Why does poison ivy make you itch?
- Where is the deepest part of the ocean?
- When did the thing about clowns and pies to the face start?
- I wonder how lightning is formed.
- If there are other living beings, will we ever
THANK YOU, POST OAK COMMUNITY

Before putting away our boogie shoes, we’d like to once again express our extreme gratitude to our committee chairs for their time and talent:

Auction: Suzan Samuels
Acknowledgments: Lisa Eddleman
Advertising: Pamela Griffin-Minnich and Dawn Thomas
Auction Display: Stacey Martin
Class Projects: Susan Leverenz & Aaron Parazette
Class Project Display: Aaron Parazette
Decorations: Kim Proler and Julie Styles
Done In A Day: Valerie Sonsino
Flower Arranging: Jenny Marshall
Invitations & Graphics: Jian Short
Underwriting: Michele & Tom Lu and Kim & Chuck Yates
Wine Raffle: Paula Mey

These volunteers helped make Friday Night Fever an amazing night and we were privileged to work with them.

Jian Short and Erin Stus
2013 Biennial Gala Chairs

COMING SOON

COME, LET US THANK YOU

We would like to thank ALL of our Gala volunteers for their help, big and small. Please join us for drinks and light bites at the home of Jenny Marshall on Wednesday, February 13, 6–7:30 p.m.
THESE AUCTION ITEMS STILL UP FOR GRABS!

Missed the Gala?

Contact the Development Office to snap up these goodies!
Email christinacantu@postoakschool.org.

213 Contemporary Craft Tour for 10 ($40)
Donated by: Houston Center for Contemporary Craft

HCCC invites your party of 10 to a private behind-the-scenes tour of our galleries. Visitors will enjoy innovative exhibitions of contemporary craft and engaging with on-site artists-in-residence.
Restrictions: Open Tuesday–Saturday, 10 a.m.–5 p.m., and Sunday, noon–5 p.m.

304 Girls’ Night Out SIGN UP! ($75 per person)
Donated by: Lucinda Loya

Post Oak mom and hostess extraordinaire, Lucinda Loya, opens up her spectacular home for an evening of cocktails, nibbles, and more on Wednesday, April 17, 2013.

307 Bhangra Night SIGN UP! ($100 per person)
Donated by: the Marshalls and the Waters

The Marshalls/Waters invite you to a magical, mystical evening of dinner and dancing. Wear your stretchy, sexy garb for a Bhangra dance lesson, and restore yourselves with delicious Indian fare and cocktails.
Restrictions: Item sold individually; couples must fill two spaces.

317 Final Four with the Samuels SIGN UP! ($40 per person)
Donated by: The Samuels Family

Join the Samuels Family in their movie room/"man cave" for the Final Four Championship Game! On April 6, you will enjoy a casual night of pizza, beer, and basketball!
Available to the highest 6 bidders.
Restrictions: Item sold individually; couples must fill two spaces.

510 Flawless Skin ($400—a $3600 value!)
Donated by: The Kapusta Family

Post Oak parent, Mario Kapusta, offers you a full evaluation of the venous system, an ultrasound, as well as four spider vein treatments from the Vein Center Houston!

537 Grocery tour ($25 per person)
Donated by: Naturally Nourished

Sign up for a 90-minute grocery store tour! Ali Miller, RD, will take a group of five people on a tour to learn how to select the best brands and non-processed foods.

600 Summer of Fun for your Toddler ($100—a $258 value!)
Donated by: Fundamentally Music, Gymboree Play & Music, Houston Swim Club

This package includes four classes, a CD, and a songbook from Fundamentally Music; one month of 45-minute Play & Learn or Music classes at Gymboree with no membership fee; and a $50 gift certificate toward swim lessons at Houston Swim Club.
Restrictions: Fundamentally Music is for ages birth through 4-years-old; Gymboree is not valid for drop-off classes and is valid only at Post Oak, Memorial/Dairy Ashford, and Willowbrook Plaza; expires 8/31/2013.

605 MOVIE NIGHT at POST OAK by BBVA Compass ($15 per person)
Donated by: BBVA Compass

BBVA Compass sponsors this family Friday night movie on the back field at Post Oak. Get your tickets to a night of outdoor movie watching, popcorn, and special fun for the whole family! Friday, April 19, 2013.
Restrictions: Item sold individually; each adult and child attending will need a ticket.

701 Spend a Morning with a Heart Doctor ($180 each) (2 spots left, must be 8 years old+)
Donated by: Wayne J. Franklin, MD

Join Dr. Wayne Franklin at Texas Children’s Hospital as he gives a private, three-hour tour of what it’s like to be a pediatric cardiologist.
Restrictions: must be 8+ years old.
705 Design Your Perfect Room (1 spot left for UEL–HS) ($120)
Donated by: Jenny Marshall/Celadon and Hunter
With the help of Jenny Marshall, Interior Designer and Post Oak parent, three students will put together a floor plan and select fabrics to design their perfect bedroom or future dorm room on Fri., April 12. Afterwards, they will have lunch to discuss their ideas.
Restrictions: Available to Upper EL through HS students; Fri., 4/12 is a conference day—no school. Students need to provide measurements of the room they have selected before meeting.

707 Learning to Lifeguard ($90)
Donated by: Beginners2Swimmers
Sign up for a three-day certification class for 15+ year-olds. The participant will leave the class armed with both American Red Cross CPR and lifeguard certifications (also great for those summer babysitting jobs!).
Restrictions: Date and location to be determined over a three-day weekend; must be 15+.

803 Tour de Taco ($50 per person)
Donated by: John Reed, John Powell, Lou Waters, André Marshall
Join Post Oak dads for an early Sunday morning (March 3, 2013) bike ride through Houston and cap it off with some breakfast tacos! Available to the first 20 dads who sign up.
Restrictions: Approximately two hours.

812 Personal Training and Pilates ($400)
Three personal training sessions and two Pilates classes from 1st Class Training.
Restrictions: Must be used consecutively once started; new clients only

813 Ladies’ Tennis Lessons for Six ($140)
Donated by: Galleria Tennis & Athletic Club
One hour group tennis lesson for six women. After a good workout, enjoy some chow with a $50 gift card from The Cheesecake Factory.

832 Superbowl Ravens Fan! – Flacco signed helmet ($900)
Own a signed Joe Flacco Ravens helmet—MVP of this year’s dramatic Super Bowl!

904 Sit and Knit with Phylis ($40 per person—1 spot left)
Donated by: Phylis Tomlinson
Five students join Post Oak Counselor Phylis Tomlinson for knitting and company on Sat., Mar. 23 from 1–4 p.m. Light refreshments served.
Restrictions: Open to UL, MS, and HS; allergy alert: cat in home.

911 Splash Day Returns! ($40 per person)
Donated by: Millie Chavez, Diana Onofre, and Norma Paulin
30 children will gather for splashing fun and summer treats. One Saturday in May from 9 to 2 p.m., parents drop off their children for playtime fun and snacks on Post Oak’s playground.
Restrictions: Date in May to be determined.
"Friday Night Fever—we want it to be a fabulously fun party!" So said gala chairs Erin Stus and Jian Short when they walked into my office many months ago with the theme for the 2013 Gala. Jian and Erin accomplished their objective—it was a blast!—and at the same time set some record-breaking numbers in the auction and underwriting. When the Gala glitter settles, we will run a full report of the financials, but it’s safe to say that we exceeded our goals, and kept the event within budget.

Good thing this event is every two years. The amount of work needed by parent volunteers equals having a full time job for many of them. Erin and Jian worked for over a year to bring the details together, and with the expertise and powerhouse support of parent and auction chair, Suzan Samuels, the end result was amazing. Sincere thanks to this leadership team and their very long list of volunteers for their time, creativity, outrageous energy, and disco spirit that made this gala both fun and so beneficial to the school.

MORE THANKS...

Thanks to the many volunteers who came Friday morning for auction set up. Organized by parent Stacey Martin, we finished with time to spare! And didn’t the ballroom look ready for a party? Decorations chairs Kim Proler and Julie Styles glittered our world! More thanks to the teachers, students, assistants, and parent volunteers who worked on the incredible artwork. Class project chairs Susan Leverenz and Aaron Parazette kept everything on schedule and were there to help whenever needed. Underwriting chairs, Michelle and Tom Lu and Kim and Chuck Yates, did a terrific job in advance of the event getting tables sold and generating Gala excitement. Pamela Griffin-Minnich and Dawn Thomas pounded the pavement gathering ads for the program and broke all previous advertisement records! Behind the scenes, Lisa Eddleman continues work on getting donation acknowledgements out to our many auction donors. And for all those small projects that needed many hands, Done-in-a-Day chair Valerie Sonsino set a new standard for efficiency, organization, and doing what it takes to get the job done! The list of volunteers is endless. The Gala cannot happen without parents and employees all stepping up to help. Thank you!

—Christina Kopanidis-Cantu,
Development Director

Dear Erin and Jian,

What a wonderful Gala night! Our Post Oak family really caught the Fever! Everywhere we looked were bell bottoms, gold chains, glitter, and HAIR! Who knew we all had such groovy hair! There was so much laughter, camaraderie, dancing, and generosity.

Thank you! Thank you! Thank you!

We have heard nothing but praise for the evening. Everyone had a terrific time! From the shimmering disco decor to the beautiful class projects to the show-stopping Dancing Queens, it was a night to remember. We appreciate all the hard work and time that you and your team put into making the Gala such a success this year. We hope you are now able to get some much deserved rest.

Sincerely,
Jessica, Laura and Whitney
Post Oak Parent Association Chairs
Bearkats Impress in Convincing Win

by Scott McGill, Post Oak parent

Great basketball teams are hard to find. They require individual talent and a commitment to collective endeavor; their players need to assert their egos and to suppress them. We are fortunate to have such a team at Post Oak. On January 23, the Bearkats continued their run of excellence with a convincing 47–26 win over arch-rival St. Stephen’s, improving their record to 6–1.

The game began slowly for the Bearkats. Cold shooting plagued the team for much of the first half, and they found themselves trailing 16–15 as they headed for halftime. If not for their stout defense, they would have faced a much greater deficit.

When the Bearkats emerged for the second half, it was clear that they had challenged themselves and each other to turn the game around. On offense, their passes were crisper and their cuts sharper, leading to several easy baskets. Defense also led to offense: the Bearkats were very active with their hands and in cutting off passing lanes, producing a number of steals and fast-break points. Once the dust had settled, the Bearkats had reeled off a 20–0 run. It was an impressive display of top-flight basketball that combined sound fundamentals and playground panache.

The Bearkats kept up their fine play to the final whistle, winning 47–26. Leading scorers for the team were [redacted] with 11 points, [redacted] with 10, and [redacted] with 9. [Redacted] displayed veteran leadership at point guard, while several other players, notably [redacted] and [redacted] made important contributions. For St. Stephen’s, [redacted] played a stellar game, leading the team in points with 18.

Depth is an asset on a basketball team only if all the players accept their roles and are willing to sacrifice for the greater good. The Bearkats have starters and a skilled bench that demonstrate the point. This is a team’s team. It does honor to the school. ☝

Upper EL & MS Science Fair

Thursday, February 21, 7–8 p.m. in the gym
Congratulations to Post Oak Alumnus John Henry Styles (eighth grade class of ’10) who has committed to Stanford University to play baseball. John Henry’s mother, Bridget Styles, wrote that he also had some amazing offers from Princeton, Vanderbilt, North Carolina, and Baylor. All this was quite unexpected because he is only in his junior year at Episcopal High School. She added, “The athletic recruiting process has been very interesting. Stanford is one of the few programs where you still have to ‘get in’ to the school as a student first. No concessions are made for athletes. We are thrilled and wanted you to know, as his time at Post Oak is responsible for his success.”

John Henry said, “I am so incredibly grateful for the opportunity to attend Stanford University and play baseball for such an awesome team. I know it’s going to be very challenging but I’m ready.” Way to go!

Help Wildlife with Post Oak Kids Care Club

Post Oak’s KCC has a service project at Texas Wildlife Rescue Center on Sat., Feb. 16, from 10:00 a.m.–12:00 p.m. at their Houston location on 10801 Hammerly Blvd., Suites 200 & 208. We will be participating with other volunteer groups. Each group rotates between project stations. A final project list and program agenda is distributed to participants one week prior to the program, but activities could include:

- Cage building, cleaning, and painting
- Food preparation
- Feather labeling
- Education item display development, organization, lamination, painting, labeling or constructing
- Small mammal hammock, snuggie cutting, or sewing
- Animal Paw Print Painting!

RSVP if you’re joining us by posting to our Facebook group or emailing [email protected] Bring friends and family! We look forward to this fun opportunity to help local wildlife. For more information on our upcoming projects, join our FB group: www.facebook.com/groups/278032742310211/
The Importance of Protein

by Aimee Taylor, Healthy Lifestyle Consultant, ACSM Certified Personal Trainer, and Post Oak parent

Our third healthy habit is high profile considering that you are bombarded every day with tons of information and misinformation regarding protein and how much you really need. Well, I have really tried to bring you the full story on protein. It is such a critical part of everyone’s diet, however there are a multitude of ways to get enough, without causing high cholesterol and heart disease, and yes, even if you do choose to leave out animal products all together. The key, as with everything we discuss, is variety and moderation!

Protein is an essential part of every cell of your body, comprising about 15% of your body weight. It has a wide variety of uses and functions, including providing energy, helping to build the structural skeleton of cells, moving molecules from one place to another, breaking down toxins, and repairing bones and muscles.

Amino acids are the building blocks of protein. There are about 20 different amino acids, and your body needs all of them, but can only make some, others have to come from your diet. These are known as “essential” amino acids because it is “essential” that they come from your diet. A “complete” protein includes all nine essential amino acids. Animal-based foods (eggs, cheese, and meat) are complete proteins. “Incomplete” protein sources are low in one or more of the essential amino acids. Beans and tofu are considered good sources of protein, but are incomplete since they contain lower amounts of some essential amino acids. While incomplete proteins are low in one or more amino acids, they are still important sources of protein, especially if you combine proteins that are “complementary” (when eaten together, they supply all nine essential amino acids). Rice and beans, as well as peanut butter and whole grain bread, are examples. Strict vegetarians should pay special attention to which protein combinations are complementary. It was once thought that you had to eat complementary proteins as part of the same meal for your body to process them as a complete protein. More recent research suggests you only need to eat them on the same day.

COMPLIMENTARY PROTEINS

Here is a list of some food pairings that make a complete protein:
- Legumes with grains, nuts, seeds or dairy
- Grains with dairy
- Dairy with nuts
- Dairy with nuts/seeds and legumes

And here are some common meal items that naturally complement each other’s proteins:
- Beans and rice or whole grain tortillas
- Peanut butter on whole grain bread
- Macaroni and cheese
- Tofu with rice (or any grain)
- Hummus with whole grain pita bread
- Grilled cheese sandwich on whole grain bread
- Yogurt with nuts
- Noodle stir-fry with peanut or sesame seed sauce
- Lentil soup or dairy-based soup with whole grain bread
- Whole grain cereal with milk
- Pizza
- Lasagna
- Tacos filled with beans or lentils
- Quinoa salad with black beans and feta

HOW MUCH?

Your body’s protein needs depend on your gender, body weight, age, physical activity level, and other factors. All other things being equal, men need more protein than women. According to the Institute of Medicine, the recommended daily allowance for an average adult man is 56 grams per day. Adult women need 46 grams, teenage boys 52, and infants 10.

In general, it is recommended that 10% to 35% of your daily calories come from protein. Most Americans fall well within that range, getting about 12% to 18% of their calories as protein.

continued on next page
Your level of physical activity also influences the amount of protein your body needs. Recent research suggests athletes may need more than the Recommended Daily Allowance (RDA) of 0.8 grams of protein per kilogram of body weight (about 0.4 per pound) per day. Athletes may need more than that, about 1 to 2 grams per kilogram per day to repair and rebuild their muscle.

The human body does not store protein the way it stores carbohydrates and fats. For this reason, and because the body is continuously breaking down and replacing protein, you need a steady supply of protein every day. However, high protein diets are not a magic bullet for weight loss. Studies have shown that diets that substitute protein for some carbohydrates may help people lose weight. Protein digests more slowly through the digestive system than carbohydrates, helping you feel full for a longer period of time after a meal. Your body burns more calories digesting protein than it does carbohydrates. By incorporating appropriate amounts of protein into your diet, you can better avoid peaks and valleys of hunger by keeping your blood sugar levels relatively stable. If you eat too much protein, you are taking in unnecessary calories, which lead to weight gain. If the protein is from meat and other animal sources, it might be high in saturated fat, which can lead to high cholesterol levels and heart disease. Too much protein can cause problems for anyone, but especially for people with specific medical conditions, such as kidney disease or diabetes.

**SOURCES OF PROTEIN**

Meats, eggs, and dairy products are all exceptional sources of protein, but it is important to balance your protein from animal sources with plant sources such as nuts, beans, legumes, soy, and other vegetables, especially leafy greens. While beef and other meats tend to be particularly protein-packed, some of them tend to also be packed with saturated fat. When choosing meat as a source of protein, stick with the leanest cuts and keep your portion reasonable (think of a deck of cards). Processed red meats in particular have been linked to a higher risk of colon cancer. Most experts recommend limiting your intake of red meat to 18 ounces or less weekly and avoiding processed meats.

There have been some concerns about whether the presence in soy of isoflavones, a plant-based estrogen or "phytoestrogen", should cause women to be wary of soy. The Harvard University School of Public Health recommends keeping it between two to four servings per week.

**KEEP IT SIMPLE**

Most Americans get about 12% to 18% of their calories from protein, according to the Harvard University School of Public Health. Increasing consumption to about 20% to 25% of calories can reduce your risk of heart disease as long as you are substituting high-quality lean protein for refined carbohydrates. The simplest way to get enough protein is to incorporate a reasonable serving size of high-quality lean protein in every meal and most snacks, and enjoy a wide variety of foods from both plant and animal sources. On a final note, don’t forget that leafy greens are so good for you in so many ways AND are a great source of protein.

Do you have more questions about protein? Do you want more help in incorporating the right kinds of protein in your diet for general health or weight loss? Please don’t hesitate to contact me at aimee@greenpeasandblueberries.com. Don’t let a busy schedule, allergies, or food aversion be your excuse to put off a move to a healthier lifestyle. There is no greater gift you can give yourself and your family than a healthier, longer life.
2013–14 Important Dates

Watch *The Weekly Post* and our website for more information about next year’s academic calendar.

Here are a few dates we have already determined:

- Aug. 19–23: First week for Elementary, Middle School and High School
- Aug. 26–30: First week for Infant Community and Primary
- Sept. 2: *Labor Day* (school closed)
- Oct. 14: *Columbus Day* (school closed)
- Nov. 27–29: Thanksgiving Break (school closed)
- Dec. 23–Jan. 6: Winter Break (school closed)
- Jan. 20: *Martin Luther King, Jr.* (school closed)
- Feb. 17: *Presidents Day* (school closed)
- Mar. 17–21: Spring Break—only students with expanded-year contracts attend
- April 18: *Good Friday* (school closed)
- May 26: *Memorial Day*
- May 30: Last day of school
The logo for Post Oak’s 50th anniversary was unveiled at the Gala in anticipation of our Jubilee and celebration in the fall. Plans are in the works and the date will be announced soon.

Check here in The Weekly Post for updates, volunteer opportunities, and interesting tidbits to come!

Where Have All the Questions Gone?
continued from page 2

receive aid from them or meet them?
• How is electricity made and what are the stages it has to go through to turn into electricity?
• What particles create the particles that create atoms?

Some children asked one question. Others asked many. All these came from one sixth grader: Is there one universal truth that explains everything? What happens when you enter a black hole? What happens when you die? What is it like to be a plant? Is there other life in the universe? What does the world of micro-organisms look like? Do paranormal spirits really exist? How many micro-organisms have ever existed? Is there one universal way to cure all diseases? How many atoms are there in the world? If earlier humans were alive today, what would they think of the world?

Questions Primary children asked their teacher: What is this clip used for? Why is the emerald green? Why is it called an inch? What is community service? What is a buzzard? Is there a tube that connects your mouth to your lungs? Do you think dinosaurs are still alive? Do you think any birds just walk? There are no pieces—why do they call them “puzzle words”? Are you always happy? Does your body get hot when you get excited? What did Claude Monet like to paint? Why do they call it a brown dwarf? Is it brown?

A four-year-old asked a five-year-old, “How many beads are on that board?”
A: “98.”
Q: “When will you have 100?”
A & Q: “Very soon. Do you want to wait and see?”
A: “Yes.” (And he stays and observes.)

At dismissal a 4½-year-old gestures toward the Peace Circle and asks, “Why is there a circle path in the middle to walk around, but no path to get in there?”

And the final word is from a conversation between two boys. The five-year-old asked, “Why do you talk so much?” and his six-year-old friend replied, “Because you ask so many questions!”

Where have all the questions gone?
To Post Oak? ©

© John Long and The Post Oak School
# CALENDAR

## FEBRUARY 10–16

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Sun</td>
<td>Lunar New Year</td>
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<tr>
<td>Tue</td>
<td>Mardi Gras</td>
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<td>Wed</td>
<td>Ash Wednesday</td>
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<td>Coffee w/ EL Director 9:00 a.m.</td>
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<td>Gala Thank You Event 6–7:30 p.m. (see page 3)</td>
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<tr>
<td>Thu</td>
<td>Valentine's Day</td>
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<td>No Weekly Post this week</td>
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<td>Fri</td>
<td>Teacher in-service</td>
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<td>Classes not in session: only students with expanded year contracts attend</td>
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<tr>
<td></td>
<td>Re-registration deadline (new)</td>
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<tr>
<td>Fri–Mon</td>
<td>AMI-USA Refresher Course</td>
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## FEBRUARY 17–23

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<th>Date</th>
<th>Event</th>
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<tr>
<td>Mon</td>
<td>Presidents Day (school closed)</td>
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<td>Bellaire City Council meeting</td>
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<tr>
<td>Thu</td>
<td>Upper EL &amp; MS Science Fair 7–8 p.m.</td>
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<tr>
<td>Fri</td>
<td>HS Spring Social 7 p.m.</td>
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# NOTICE BOARD

### Bearkats Basketball

Congratulations on a great season!

(Game on Wed., 2/13 was rescheduled to 2/6.)

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### Babysitting and Pet Sitting!

I'm Gaby Posada, Post Oak alum and current senior at The Kinkaid School (18 years old). I volunteered at a summer camp at Kinkaid and really enjoyed my time there! I really enjoy being around children and animals!

- I am bilingual (Spanish).
- I live very close to Bellaire and I drive!
- Babysitting: $10/ hour
- Pet Sitting: $15/ 45 min. visit (feed and walk pet)
- Cellphone: (832) 455-5339
- Email address: gabrielleposada@yahoo.com

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# ABOUT THE WEEKLY POST

The Weekly Post appears on most Fridays of the regular school year. You can receive a printed copy from your oldest child, or a PDF version online.

Submit letters, articles, or photos in electronic form by 5:00 p.m. on the Tuesday before publication to Communications Coordinator Elaine Schweizer (elaineschweizer@postoakschool.org). If publication is on a Thursday due to school closure on Friday, then the deadline is 5:00 p.m. on the preceding Monday.

All photos in The Weekly Post are by Elaine Schweizer unless otherwise noted.

The Post Oak School was founded in 1963 and accredited by both the Association Montessori Internationale (AMI) and the Independent Schools Association of the Southwest (ISAS).

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