THE POST OAK SCHOOL

2015 FIELD DAY

GOOD TIMES UNPLUGGED

FREE FAMILY FUN EVENT!

SATURDAY, OCTOBER 17

10 A.M.—1 P.M.
It’s time for Field Day - Post Oak’s annual family and friends get-together! Admission and activities are all free. Bring a picnic basket or purchase food from the four food trucks that will be on campus. Then get ready to have fun: slide and bounce around in the inflatables, walk the muffin walk, henna your hands, participate in the relays, and much more!

Parking is available at the following locations:
1. Post Oak’s parking lot
2. Episcopal High School’s parking lot BEHIND our back field
3. Avenue B
4. In the neighborhood (permit parking is only Mon-Fri)

There will Bellaire officers to help pedestrians cross Bissonnet.

All costs for Field Day are offset by the raffle of class Mystery Boxes. Parent volunteers have made an enticing array of creatively decorated boxes to be raffled at the event. There will be drawings at: 11:00 a.m., noon, and 12:45 p.m. (you do not need to be present to win).

The Dads Club will be running the relay activities: potato sack races, wheelbarrow races, and more!

Primary races: 10:30 to 11:00
Lower Elementary: 11:15 to 11:30
Upper EL and Middle School: 11:30 to 11:45

Remember, this event is strictly a FUN raiser and not a fundraiser. However, we do want to cover the costs for the event, so please buy a raffle ticket or two, or ten!

We ask that you bring reusable water bottles to reduce cup waste. Remember to bring a blanket to spread out on the playing field for your picnic!

Please Note: Parents must supervise their children on the playground. To ensure your child’s safety, signs will be posted to identify the age levels for the different playground sections. Please pay attention to the signs as they reflect ASTM safety standards for the equipment. There are areas for Young Children’s Community, Primary, and the older children (Elementary – High School).

Welcome to Field Day!
Earth Ball, We Have a Problem...

by Claudia Macias, Field Day Co-Chair

The earth ball...a prominent fixture of Field Day...is typically placed in the peace circle a few days prior to field day to help build the excitement.

This year the earth ball sustained “an injury” at another school and is not available to us. No need to “panic,” solution mode activated! Fellow co-chair Nicole Pedersen found a gigantic inflatable soccer ball on the Internet.

As adults, when we come across an unknown or unforeseen situation, we review, research, collaborate, and adapt. For children, it takes a bit more time and practice. When I looked into The Post Oak School for my girls, one (of the many things) that drew me to it, was a write up that included the development of characteristics including the ability to adapt, take on challenges and figure out solutions collaboratively. The earth ball solution, a simple example, is a powerful reminder as to what Post Oak School is about. Post Oak School is a place that supports and fosters critical thinking and problem-solving — skills needed when faced with a challenge that may require the ability to adapt.

This Field Day, come out and watch the children work, play, problem-solve, think critically, and collaborate. Volunteer at a booth (your collaboration makes it a success). Then sit back and enjoy the conversations with old friends and make new friends...let’s unplug for a good time! 🎈

MYSTERY BOX RAFFLE

Here is a sneak peak of a few of the spectacular Mystery Boxes that will be raffled off this Saturday, October 17. All costs for Field Day are offset by the raffle of class Mystery Boxes.

There will be drawings at:
11:00 a.m., noon, and 12:45 p.m.

FIELD DAY RAFFLE TICKETS

$5 = 2
$20 = 10
$50 = 30
$100 = 70

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CALENDAR

OCTOBER 19 – OCTOBER 23

Individual School Pictures
Mon., Oct. 19:
Middle School; Julie Parraguirre; Danielle Dalsey Kimball; Orly Kluk; Anita Taj Mahmood

Tue., Oct. 20:
Errol Pinto; Sue Guerrero; Miriam Winton; Tamara Basham

Wed., Oct. 21:
Maya Pinto; Deidre Brooks; Tamara Townsend; Simran Sood

Thu., Oct. 22:
Debbie Nickerson; Emily Hansen; Berh Olitzki; Lindsay Mistretta; Make-ups

Fri., Oct. 30: High School

NOTICE BOARD

FIELD DAY ACTIVITIES

Inflatables
Bungee Jumping
Henna Hand Painting
Dads Club
Relay Races

Gran Balón de Fútbol
Fabulous Food Trucks
Bearkat Salon:
Face Painting
Tattoos
Happy Hair

Blanket Making – Community Service

Trendy Touches
Photobooth
The Magnificent Muffin Walk
Middle School Microeconomy

Jump Rope, Hula Hoop Competitions

And the grand Mystery Box Raffle!

DON’T MISS

BLANKET MAKING COMMUNITY SERVICE:

Blankets to be donated to the Centers for Women and Children Greenspoint and Southwest, which provide holistic care to over 15,000 women and children on Medicaid and CHIP. The Centers are open 7 days a week and provide holistic care: well care, sick care, pregnancy care, speech therapy, eye glasses, dental, pharmacy and behavioral health services.

VOLUNTEERS NEEDED FOR FIELD DAY

FIELD DAY: GOOD TIMES, UNPLUGGED! is tomorrow and we need parent volunteers to make it happen. Click on the link below to sign up for a ½ hour shift (or two!) at the event OR to help sell raffle tickets in advance. We need lots of volunteers. This family fun event happens on Saturday, October 17 from 10 a.m. to 1 p.m.

To sign up click here: www.signupgenius.com/go/10c044cacab23a5f85-field

ABOUT THE POST

The Post appears every other Friday of the regular school year. You can receive a printed copy from your oldest child, or a PDF version online.

Submit letters, articles, or photos in electronic form by 5:00 p.m. on the Tuesday before publication to Communications Coordinator Rachel Dupuis (racheldupuis@postoakschool.org). If publication is on a Thursday due to school closure on Friday, then the deadline is 5:00 p.m. on the preceding Monday.

THE POST OAK SCHOOL was founded in 1963 and accredited by both the International Baccalaureate Programme (IBO) and the Independent Schools Association of the Southwest (ISAS)

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Check out our calendar online at www.postoakschool.org