POP A COFFEE | WORK Day

Wed., Oct. 5, 8:45–noon

Parents, grandparents, & friends are invited!

Hosted by our POPA Chairs, this is a great way to meet other Post Oak parents and friends while helping our teachers accomplish a variety of easy-to-do projects for their classroom.

These gatherings generally fall on the first Wednesday of each month. Please join as often as you can!

Don’t miss an issue of The Post or the weekly Post Highlights!

Please take a minute to add info@postoakschool to your address book or safe sender list. That way you’ll keep getting photos, stories, and news from the school.

ON THE COVER

A Young Children's Community student concentrates on her work.

Follow us on Facebook and Twitter for mid-week updates, photos, and more:

www.facebook.com/thepostoakschool/
www.facebook.com/postoakhighschool/ twitter.com/postoakschool twitter.com/postoakhs
RAISING CHILDREN IN THE INFORMATION AGE

Children and technology is a subject that is getting a lot of press lately. I can count on an article landing in my lap as I scan the newspaper or landing in my inbox, emailed to me from a colleague or friend. If you Google “2016 articles on children and technology” you’ll get over 170 million entries. I try to read as much as I can to keep myself informed as head of school and as a parent who is raising a child in the information age.

Last winter, I came across Natasha Singer’s article entitled Can’t Put Down Your Device? That’s by Design. The article addressed the constant news feed that online activity provides and the “obsession” that results from an infinite entertainment stream. Tech app designers want to make apps enthralling, but the same design elements make it hard to put down.

I know exactly what Singer is talking about. Personally, I have fallen prey to the “tricks of the trade,” responding eagerly to a friend liking a post on Instagram, or a new friend request on Facebook. As the article says, these things “automatically induce feelings of social obligation.” Features, like the automatic playing of the next episode of a show I may be streaming on Netflix, keep me in front of the computer twice as long as I had planned to be, as I have to find out what happens next.

Many of you may be thinking, “Maura really needs to work on her own self-regulation and willpower.” This definitely has some truth to it. However, the article quotes Tristan Harris, a Google product philosopher who validated that it may not just be all about me. “The ‘I don’t have enough willpower’ conversation misses the fact that there are 1,000 people on the other side of the screen whose job is to break down the self-regulation that you have.”

As a parent of a teen, I have all kinds of concerns about my son’s screen time, and I have employed both successful and unsuccessful measures to limit and monitor it. I worry about how his experience is so vastly different than mine. Several years back I heard a conversation in which young adults were talking about the changes that life online has ushered in. This one perspective that was shared really stuck with me: “We used to get up in the morning and wonder what was ahead of us, what the day would bring. Now we get up in the morning and head to our devices, wondering what we missed.” I wonder how that will change how my son goes about living his life.

I know that his life is one that is deeply rooted in the information age. He did not grow up without it, like I did. Online activity is here and it is a part of his life and culture. It is not going away. Still, I don’t like to think of him as forming an obsession about it, or the possibility of missing out on the wonder of what awaits him. More importantly, as an educator and a Montessorian, I know that children’s brains are still developing and do so through interaction with the environment in a variety of ways. The digital age brings with it a new kind of interaction and I want to know how that affects the brain, but also how my child communicates and interacts with the rest of the world.

As parents we are charged with modeling for our children the best way for them to engage in this “newish” part of our culture. If you are like me, you do not have all the answers, so some help will be much appreciated. On October 12, we welcome Dr. Sharon Maxwell to Post Oak to speak with us about children and technology use. I have seen her speak before, and she has some valuable information to share with all of us about accepting and utilizing technology without sacrificing healthy brain development or giving up what we value as important.

In addition to being a trained psychologist who works with teens, Dr. Maxwell is a parent, who also had her children at a Montessori school. She is someone who has presented workshops for schools, teachers, and health providers. I invite you to join me for this very special event. I have seen Dr. Maxwell speak twice and each time I learned something new! •

iChild, or I, Child? presented by Dr. Sharon Maxwell. Wed., Oct. 12, 7:00 to 8:30 p.m. See the ad on page 17 for more information.
POP A Welcome Dinner

The annual POP A Dinner has always been a wonderful and warm welcome, and this year continued the tradition of friends old and new coming together to kick off the new school year. Over 200 Post Oak community members—parents, trustees, faculty, and staff—filled the grand ballroom of the Junior League to hear new Head of School Maura Joyce and Emeritus Trustee Lloyd Kirchner. Thank you to event chairs Erin Busby and Jackie Pourciau for their marvelous work, and thanks to everyone who attended and those who contributed to support faculty attendance at the event.

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Our thanks to the following donors for their support of faculty and staff attendance at the event.

- Shonali & Rakesh Agrawal
- Maura Joyce & Roberto Argentina
- Louisa & Henry Bergeron
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- Heather & Maxwell Bulk
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- Christina & Jorge Cantu
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Why give? In private, independent schools, the annual fund is a regular and routine source of funding. All families are asked to make a meaningful contribution to the annual fund because those unrestricted gifts give the school the financial stability and flexibility to cover unexpected expenses and take advantage of unexpected opportunities.

You’ll find more information in the Annual Fund booklet. If you don’t see your question answered, please contact Christina Cantu in the Development Office.

THE ANNUAL FUND BENEFITS EVERY STUDENT, EVERY CLASS, AND EACH CAMPUS.

ALL GIFTS MAKE A DIFFERENCE.

Annual Fund gifts may be made via cash, check, single or monthly credit card charges, or pledges (which are due May 31, 2017). We also welcome gifts of stocks or securities. Please contact the Development Office for transfer instructions.

Letters and reply forms have been mailed. Donations for the 2016–2017 school year can also be made online.

Our sincere thanks to Post Oak Fund Chairs Lisa Heyden and Stephen Douglas and our Class Captain volunteers for their efforts.

Contributors of $3,000 and above become members of the Leadership Circle.

YOUR MATCHING GIFT CAN MAKE YOU A LEADERSHIP CIRCLE MEMBER!

2016–2017 PARTICIPATION TO DATE

TRUSTEES 100%
EMPLOYEES 100%
PARENTS, PLEASE HELP US REACH 100%

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BOARD, ......................Maura Joyce ..........100%
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GAME ON!

FAMILY FUN DAY 2016
THE POST OAK SCHOOL
SAT. OCT. 15

Join us for this FREE family fun event, **Sat., October 15** from 10 a.m. — 1 p.m. on the Bissonnet Campus back field!

**FUN DAY ACTIVITIES**

- Inflatables
- Henna Hand Painting
- Fabulous Food Trucks
- Bearkat Salon: Face painting, tattoos, happy hair, braiding
- Community Service
- Live DJ
- YCC Play Area
- Trendy Touches Photobooth
- The Magnificent Muffin Walk
- Middle School Microeconomy
- High School Minute-to-Win-It Booth
- Dunk tank
- Jump Rope, Hula Hoop Competitions
- Chinese Jump Rope Making
- Bingo
- and the grand **Mystery Box Raffle**!
Fall fashion forecasts say Field Day is so yesterday and **Family Fun Day is where it’s at!**

We hope you can join us at the new Family Fun Day celebration at the Post Oak Bissonnet Campus on **Saturday, October 15 from 10 a.m. to 1 p.m.** We’ll still have old-school favorites like the Bearkats salon, and fun inflatables, but we’re thrilled to incorporate the input from our Museum District Campus and have some new attractions manned by our older kids. It’s going to be a great day to connect with your family, and experience the wonderful community that makes up Post Oak.

Come hungry, because we’re packing the parking lot with **food trucks** and extra tables to grab a snack and chat with new and old friends. DJ David will **spin some tunes**, and we’re hoping everyone takes a turn on the oversized Jenga, Connect 4, and sets of dominoes. Rumor has it there will be a **dunking booth**, and we’re looking forward to officially breaking in the **new Gaga pit**.

**Mystery Boxes** are ever present and ticket sales will begin 10/11 on both campuses. Fingers crossed you win! Remember that Mystery Box raffle ticket sales pay for this event. There are still many opportunities to **volunteer** if you’d like to lend a hand—details coming soon! So get your “Game On” and join us on October 15.

—Chairs Kristen Katz and Sandhya Sabhnani
International Day of Peace

On International Day of Peace, Post Oak students from all levels came together for the annual all-school photo that included a few words from our new Head of School Maura Joyce, a poetry reading by High School student Jadyn, a moment of silence for peace, and fun with friends.

A Poem for Peace: If...

by Jadyn High School student

If we were all family, and our care for each other were true; would we be able to say the simple words I love you?

If you had no prejudice, and thought nothing of race; could we all meet up and share a warm embrace?

If we had one religion, and only one Bible too; would it be possible to stop all feuds?

If there were no nationalities, or borders to separate; could we all come together and just be the human race?

If all had a home, and there were no hunger; would there be suffering any longer.

If we all shared one language, and could all communicate; would that lead us all to a better fate?

If I were happy, and so were you; could we make this world brand-new?

If you throw out hate, and give peace a chance; I promise I will do the same, and follow you hand-in-hand.
Library Thanks Post Oak Fund Donors

by Cory Eckert, Post Oak Librarian

Along with the beautiful new library nook, we are celebrating new library software this year. Thanks to donations to the Post Oak Fund, we are moving to Follett Destiny, a library management software system, and an exciting change for a number of reasons.

Destiny is available online, from anywhere. This means that you or your child can check the catalog to see if we have the next Percy Jackson book they need on the shelf, or if we have a book for their new research topic.

Through Destiny Discover, students will be able to search our library shelves, our databases and online encyclopedias, and Internet resources in one search. All resources are curated by educators and are appropriate both in content and reading level.

One exciting feature is the ability to host ebook checkouts for Middle and High School students. They will be able to check books out for the semester, make notes, and bookmark passages. This means money that used to go towards class sets each semester can now go towards new books!

From a fiscal standpoint, Destiny comes with an excellent built-in collection of analysis tools, which let us zero in on which sections most need to be updated, so that we’re spending the library budget in the most efficient manner.

Thank you to last year’s Annual Fund contributors!

For parents & their children in Young Children’s Community & Half-Day Primary

STORYTIME

with Cory

Oct. 6, Nov. 10, Feb. 22, Mar. 28 & April 11 at 2 p.m. at The Post Oak School
One of the many experiential undertakings that the Post Oak Middle School offers is called “Occupations.” Occupations are student jobs/positions in different areas that help us run our own small business called a microeconomy. We have four different occupation positions this year, and we will rotate between them every nine weeks. They are organic gardening, hydroponics, culinary, and microeconomy. Below are updates from students involved in each of these occupations.

**by Gabriel**

In the microeconomy, we have started planning what we are going to sell and when we are going to sell them. We have recently completed a brand new microeconomy logo, which was agreed on by all the members of microeconomy. We have also been giving out budgets for the other respective occupations and negotiating potential contracts for them.

**by Sam**

In hydroponics, we have decided which plants we will grow and what system we will use. Hydroponics is a way of growing plants without soil and it conserves resources. We have also decided where we will put our plants and we have even started planting a few vegetables and plants. These include, but are not limited to the following: cilantro, oregano, rosemary, and chamomile.

**by Cidette**

I signed up for organic gardening because I have always liked outdoor activities. Organic gardening also includes vermiculture and I like to think of worms as tiny pink blind dirt noodles, so yeah, that would keep me entertained. One of the first things we did in organic gardening was mapping out our garden. Many people had different ideas on the dimensions, plants, and how we would use our space. We decided on four 8x8 raised beds with three feet of walkway in between each the boxes. We are yet to decide if each box will have a theme or not. Recently, we visited an organic garden called Plant it Forward. They had okra, squash, eggplant and more. They told us about their garden, the gardeners, and efficient ways to water plants without wasting anything. We took these ideas into consideration and are currently building them into our own garden.

**by Sutton**

Although the culinary group is a new occupations program, it is making great progress! Just recently we got together and made chocolate muffins and blueberry muffins in our new convection microwave. Right now, we are coming up with ideas for what we should make and sell at Bearkats games and Family Fun Day. If you have any ideas on what we should make, please let us know!

Another important part of the Middle School experience is community service. Every week, each student goes to a community service site with a group to fill a need in the Houston community. All of our six community service sites provide face-to-face contact with the people we are helping. Below is an account about the different places we go.

**by Cidette**

When I heard about Generation One being a community service choice, I was ecstatic at the opportunity to teach theater and dance to small children. I love little ones, and hearing that we would be working with them would be a great chance to be a role model. Having someone look up to you, it’s amazing—not just because you are a role model, but because I’m only 4’8” (heh heh)! When we arrived at the building, you could tell they took a school and planted it in an office building. It was in the south side of Houston, so kind of a rugged area. We walked in and the kids were sitting on the floor waiting for us. We first did a warm up by moving around to different commands. We laid on our stomach, swam across an ocean, became bees and lions, and got stuck in mud. Most

continued on page 11
activities required the little ones to use their imaginations. After the warm up, we were each handed a ribbon and danced to music. This was very fun to do because we were playing freeze dance. Many children had already become attached to some seventh and eighth graders and refused to sit anywhere else but where we were sitting. The sad thing about these children, is that they don’t even reach the poverty level. They have to bring home food from the school so if they don’t have a dinner that night they have something to eat. Most of their parents don’t have cars so they have to take a bus that comes and picks them up and drops them off at their house. Just knowing that we come in and make their lives a little bit brighter every Wednesday is good to know.

by Gabriel

In Meals on Wheels, we have already gone on three outings. The first one was mostly training, but we still went on our usual route. We deliver food to nineteen elderly people living in The Heights House. They are all homebound and some are handicapped and/or have disabilities so it is difficult for them to go shopping for food.

by Sutton

Some of us enjoy volunteering at Small Steps Nurturing Center, a site the Middle School has gone to for years now. A few weeks ago, the students received their training orientation from the Small Steps staff. After taking in all this information, they felt ready to receive their buddies.

Buddies are the kids that they will be spending time with, playing games, doing crafts, and reading books. The buddies seemed very happy and excited when they met us a couple days ago and we can’t wait to come back get to know them more!

Our Middle School is also continuing to volunteer teaching technology to seniors. At their first visit, the students introduced themselves and met up with the seniors. One of the students I interviewed talked with some people originally from New Orleans. Our students will be teaching seniors at the center how to use computers, set up email addresses and use Internet sources.

The last community service group has a blast teaching seniors different crafts. They plan the crafts, buy materials, and give classes to the seniors. On their last visit, the students got to crochet with the elders. Some of the seniors even had to teach our students how to do it because we were strugglin’! Our students can’t wait to go back and teach/learn more about the seniors and the crafts!
A National Honor at My School

by Isabella [Redacted] High School senior

"Isabella My heart beats like butterfly wings as I stand. I quickly adjust my dress and walk up to Matthew [Redacted], president of National Honor Society (NHS). His navy blue button-down shirt is adorned with polka dots, mahogany hair slicked, eyes twinkling with mischief. He shakes my hand, grinning. Head of School Ms. Joyce greets me with a kind smile and hands me my NHS pin. I feel like a hot air balloon as I take the pin like most would their newborn child. I sit down, listen to the other names as they are called: Jordan [Redacted], Nathan [Redacted], Morgann [Redacted], Asa [Redacted], Andrew [Redacted], Franz [Redacted], Joseph [Redacted], and Claire [Redacted]. I see my parents smile at me, see all the proud parents smiling at us.

To be a part of NHS, you must exhibit scholarship, service, leadership, and character. I remember last year watching NHS do everything from supporting ServicePalooza, a one week intensive volunteering project, to bringing melt-in-your-mouth chocolate chip cookies to school for test day. I recall seeing them gathering for a meeting and hoping to one day be a part of that.

Now, I watch the returning members of last year take their seats across from me. They give speeches about what it means to be in NHS, to exhibit scholarship, service, leadership, and character. It fits them. I have witnessed their kindness, their work ethic, the way they light up their community. It feels surreal when the ceremony is over and I am officially a part of them, a part of NHS.

My parents pull me in for a hug. Congratulatory remarks are being given as quickly as the tray of cookies is diminishing. Joy floods my chest like liquid sunshine yet more than that, there is gratitude. I am grateful for my high school, my teachers, my fellow students because they have touched my life and helped me grow these traits in myself. And that is a gift I will never forget.

The National Honor’s Society Induction Ceremony took place on September 6, 2016 from 5 to 6 p.m. at the High School on the Museum District Campus. Many great cookies were served and speeches were given."
Passion for Film

by Jordan High School junior

Have you ever had a dream so big you didn’t know if you would be able to accomplish it as an adult, let alone a teenager? Well, I am here to tell you that you most certainly can accomplish anything you want; but you can’t only put in time and effort: you must also have passion.

I have been passionate about film since the day I was born. I grew up creating “movies,” TV shows, and music videos with my friends. I knew that film was what I wanted to do with my life since the time that I was seven. Film is what one of my favorite books, The Alchemist, would call a “Personal Legend.” According to Paulo Coehlo, a Personal Legend is “what you have always wanted to accomplish. Everyone, when they are young, knows what their Personal Legend is ... They are not afraid to dream, and to yearn for everything they would like to see happen to them in their lives. But, as time passes, a mysterious force begins to convince them that it will be impossible for them to realize their Personal Legend.”

Just like everyone else, I too have had doubts about my Personal Legend. I have had great fears, such as: Will I get into film school? Will I be able to handle being in the competitive business? Will sexism in Hollywood hinder me from accomplishing my goal? Will I be good enough? While I do not know what the future holds, I do know that I have the here and now. Don’t let the uncertainty of the future stop you from accomplishing your dreams. Just get out there and do what you love. Now. Don’t wait for anything or anyone, because you only have the now.

I took advantage of the now. I developed my own independent film study class when Post Oak didn’t offer one. I created my own short film in that study, writing, directing, and editing it. I submitted it to six film festivals and got accepted into three: Long Beach Indie International Film Festival (LBI), Austin Revolution Film Festival (ARFF), and Ocktober Film Festival. So far, I was nominated for Best Youth Filmmaker at LBI, and won Best Student Film at ARFF.

So, this is my answer to your doubts: I'm 16 years old. I made this film when I was a sophomore in high school. I went to my first film festivals when I was a junior, and received my first film award. At this young age, I am already an award-winning filmmaker. I am living my dream right now. Not in five years, when I am in film school. Not in ten years, when I am making my first feature-length films. Not in twenty years, when I am hopefully a well-known, well-respected director in the business. No, I'm living it now. As Paulo Coehlo, author of The Alchemist, wrote, “People are capable, at any time in their lives, of doing what they dream of.” So get out there and go do it.

Watch Jordan’s film on YouTube:
https://www.youtube.com/watch?v=mj95rBKcaVkw
Hailey Heck
8TH GRADE CLASS OF 2009

Hailey wrote us recently with the following update:

I am in my last year of college, graduating with honors, and interning with the Meek School of Journalism and New Media in the Integrated Marketing Communications department at Ole Miss doing public relations.

In 2013, I worked on the movie “Clinger” as head makeup and hair artist as well as commercial sets. Our movie premiered at Slamdance Film Festival in Park City, Utah.

Post Oak provided a solid foundation where I learned how to think critically and communicate effectively with peers and teachers and gave me some of the best memories of my childhood.

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The Post Oak Dads’ Club kicked off the year with a social event at 8th Wonder Brewery on September 6. Over 40 dads were in attendance, including many new Post Oak dads. In the next month, PODC will be releasing dates for future events so be sure to check The Post for more details!

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Grandparents’ & Friends’ Days

If you would like your child’s grandparents or other relatives and friends to be invited to this year’s Grandparents’ Days (November 21 & 22), please visit www.postoakschool.org and submit their mailing address via the link on the left menu of the home page. Please include anyone you think would like to observe and/or interact with your children in their Montessori environment. Invitations will be mailed in mid-October, and after that will be e-mailed.

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The Post Oak School
MUSEUM DISTRICT
Campus
GRAND Opening

WED., OCT. 5, 2016
4 to 7 p.m.

SEE YOU THERE!
GRAB A ROOM!
Reserve a room at Hotel ZaZa to make it a full night of dinner, dancing, silent and live auction, and celebrating Roaring 20s-style with old and new Post Oak friends! Post Oak’s Biennial Gala is one of two major fundraisers for the school. THIS is a gala year and we hope to see you THERE!

UNDERWRITING DEADLINE
November 18 is the deadline to be listed as an underwriter in the invitation.

AUCTION! ACTION!
The Gala Auction Committee needs your ideas, input, and donation items! Do you frequent a favorite restaurant, gift shop, or service center? Ask those businesses to support Post Oak with a donation to our silent auction! Forms are available at the front office or e-mail christinacantu@postoakschool.org.

A LITTLE NIGHT OF FASHION NEVER HURT NOBODY!
Have you decided what your style will be for the night? Are you channeling flapper style with fringe, beads galore or feathers and faux furs? Any thoughts about a headpiece, accessories or jewelry?

Please join us Thursday, November 10 from 6 to 8 p.m. at Cheeky Vintage. There will be racks of fabulous vintage dresses, some with a modern twist, stunning headpieces, and beautiful jewelry. It will be a night of trying on dresses, laughing with friends, sipping champagne, and the bonus—15% of the proceeds will go back to our school!
Families Integrating School and Home (F.I.S.H.)
October 14, 9–10 a.m.
Topic: The Importance of Sleep with Deborah Fry, PhD
F.I.S.H. is a parent group focused on helping families create their own Montessori environment at home with the guidance of experts and ideas generated by parents. We meet for a discussion guided by one of the teachers or an expert. It is an opportunity for parents to come together, share ideas, receive feedback, put it into practice, and benefit from the rewards.

Coffee with the Elementary Director
Wed., Oct. 12 at 9 a.m.
in the Bissonnet Common Room
Topic: Better than an iPad
How Montessori materials prepare students for using digital technology

Afternoon Tea and Conversation with the Young Children’s Community Teachers
Thursday, Oct. 27, 2 p.m.
All parents of young children are invited to these informal gatherings to hear and discuss current topics about developmental milestones in their children.

Nanny/Caregiver Class with Deborah Fry, PhD
November 2, 9, 16, 30
9:15–10:45 a.m.
Parenting Center, Bissonnet Campus
$150 per person
$275 for two people
The class will be taught in English; however, the workbook is available in Spanish if requested.
Register online at deborah-fry.com.
This one and a half hour presentation shows parents how kids are using and abusing media technology and helps parents set balanced, realistic guidelines that bring the Internet into alignment with family schedules and values.

From smart phones to laptops, from texting to Facebook, media technology delivers to our children a new cyber environment, providing an infinite source of information, stimulation, and opportunities for communication. This environment is having a profound impact on how our children think about themselves and is changing the way our children socialize and communicate. How do we best use this amazing resource to enhance our lives? How do we keep it from shaping our children and undermining the values we want to impart?

Read more about Dr. Maxwell and her work at www.drsharonmaxwell.com.

LET US KNOW YOU’LL BE THERE!
RSVP for the event and also if you need childcare for Primary through Middle School students at frontoffice@postoakschool.org.

The Post Oak Middle School Experience
Tuesday, October 18, 7 p.m.

Learn about it firsthand! Middle School students will describe travel, community service, academics, and other aspects of Middle School life. All parents are invited, Upper Elementary students are encouraged to attend with parents. This event takes place at the Middle School on the Museum District Campus. Childcare is available for Primary and Lower Elementary students by emailing frontoffice@postoakschool.org.
1. Young Children’s Community students build fine motor skills while working with wooden materials.
2. Another YCC student builds her vocabulary by identifying objects.
3. A Primary student focuses his attention on puzzle words.
4. Working with a dressing frame supports practical life skills.
5. This Primary student is exploring geometry by creating shapes with constructive triangles.
6. A Lower Elementary student uses a peg board to find lowest common multiples.
7. More Lower EL students focus on their art projects.
8. These Lower EL students are learning about fractions with the help of quesadillas.
9. Upper EL students work both collaboratively and independently.
10. Middle School students spent a week taking on agricultural work.
11. Bearkats took to the court and field in volleyball and flag football games.
# CALENDAR

## OCTOBER 2–8

<table>
<thead>
<tr>
<th>Sun 10/2</th>
<th>Rosh Hashanah begins at sundown</th>
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| Mon 10/3 | Bearkats volleyball MS vs. Yellowstone, 5 p.m. HS vs. Woods, 4:30 p.m.
|          | The Post is distributed |
| Tu 10/4  | Bearkats flag football MS vs. St. Stephens, 3 p.m. HS vs. St. Stephens, 4:15 p.m.
|          | HS Transition Meeting 5:30 p.m.
|          | HS Admission Open House 7 p.m. |
| Wed 10/5 | POPA Coffee/Work Day 8:45 a.m.—noon (Bissonnet Campus)
|          | MDC Grand Opening 4–7 p.m. |
| Thu 10/6 | Storytime with Cory 2–2:30 p.m.
|          | Bearkats volleyball MS vs. Harmony, 5 p.m. |
| Fri 10/7 | Conference day: reserved for students new to class
|          | Classes not in session: only students with expanded year contracts attend |
| Sat 10/8 | Bearkats cross country MS & HS at St. John’s Ramble |

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# NOTICE BOARD

## PARENT-TEACHER FALL CONFERENCE REGISTRATION

Conference days are October 7, October 21 (YCC in session) and November 11. If you have not done so, please sign up at [www.postoakschool.org](http://www.postoakschool.org) for parents. Schedule/View a Parent-Teacher Conference and use your My BackPack login information.

## NEED A GREAT NANNY?

My former nanny, Angelica, is looking for part-time work. If you need someone who is trustworthy, teaches, has fun, and keeps your children safe at all times give her a call: Angelica Micolta 832-531-2002. She has been with me for 11 years and has raised my two girls. For more information on Angelica feel free to contact me: Beth Lavine (Danielle’s mom, Mrs. Pinto’s class)

## VOLUNTEERS NEEDED FOR FAMILY FUN DAY

Game On! is around the corner and we need parent volunteers to make it happen. Sign up for a ½ hour shift (or two!) at the event OR to help sell raffle tickets in advance. Contact event chairs Kristen Katz and Sandhya Sabhnani.

This family fun event happens on Saturday, October 15 from 10 a.m. to 1 p.m.

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Don’t miss out on news from the school: please add info@postoakschool.org to your safe sender list or address book/contacts.

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# ABOUT THE POST

The Post appears every first Monday of the month during the regular school year. You can receive a printed copy from your oldest child, or a PDF version online.

Submit letters, articles, or photos in electronic form to Communications Coordinator Elaine Schweizer (elaineschweizer@postoakschool.org) by 5:00 p.m. on the Monday one week prior to publication.

The Post Oak School was founded in 1963 and accredited by both the International Baccalaureate Programme (IBO) and the Independent Schools Association of the Southwest (ISAS)

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[www.postoakschool.org](http://www.postoakschool.org) | [facebook.com/thepostoakschool](http://facebook.com/thepostoakschool)

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Check out our calendar online or download a copy at [www.postoakschool.org](http://www.postoakschool.org) for more dates this month.